We've listed a few guidelines for recording your selfie video. We know each selfie will be unique, and that's what makes the 'CONNECT Yourself' campaign so valuable.

Selfie Guidelines

- Hold phone vertically with selfie stick
- Record in well-lit area
- Suggested length: 30-45 seconds
- Attire – wear solid colors, nothing too busy
- Practice/watch your selfie a few times
- Ensure background noise is minimized

Instructions on How to Upload Selfie Video

1. Use your home Wi-Fi network to ensure quick and smooth upload
2. With your iPhone, visit the 'CONNECT YOURSELF' Page on CONNECT under Auditorium
3. Click 'Upload Selfie'
4. Select 'Choose File'
5. Choose 'Photo Library'
6. Select the folder your selfie is in
7. Click on your selfie and select 'Choose'
8. Press 'Upload File'

If you have any issues uploading your videos, please email connect@swiftsmartsolutions.com.